

Comprehensive Dermatology Group

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DAILY CARE OF SURGICAL SITE

WITH SUTURES

The surgical site was closed with _____ stitch (es).

- 1) Do not wet the area for 24 hours.
- 2) After 24hrs remove the white tape and gauze. (Leave the steri strips on) It is ok if they come off, but do not take them off.
- 3) Cleanse over the steri strips (if the steri strips have come off cleanse over incision site) with hydrogen peroxide or sterile saline on a cotton swab twice a day. Apply Polysporin or Bacitracin to the site.
- 4) Cover area with Telfa (non stick) or a dry adhesive bandage. Change dressing if it becomes wet
- 5) Continue daily care until stitches are removed. You may be instructed to continue care after stitch removal as well.
- 6) Activity restrictions: No ocean swimming or contact sports _____
- 7) Call the doctor if the site has increased redness, swelling, pain, or pus.
- 8) The stitch (es) need to be removed in _____ days.
- 9) The doctor does not expect the site to bleed but if it does, apply direct pressure to the area for 7 minutes without stopping. If pressure does not stop the bleeding, take your child to your local emergency room.

WITHOUT SUTURES:

Follow steps 1 through 3. Continue daily care for one week or until completely healed.